

*Friday, July 25, 2014*



I.A.R. Program Advisory  
Committee Meeting

*July 25, 2014*

## APPETIZERS

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### Kale & Treviso Salad

*Fuji Apples, Radishes, almonds, Ginger, Miso Vinaigrette*

### Lobster & Crab Cakes

*Seaweed & Vegetable Salad, Thai Curry Coconut Sauce*

### Marinated Shrimp

*Millet Cake, Corn, Peas, Orange Peanut sauce*

### Tuna Tartare

*Ginger Cured Vegetables, avocado, Lemon/Lime Vinaigrette*

## ENTRÉES

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### Filet Mignon Au Poivre

*Grilled Vidalia Onion, Steak Cut Fries, Spicy Mustard,  
Bourbon au Jus*

### Herb Crusted Rack of Lamb

*Brussels Sprouts with Bacon, Potato & Leek Galette,  
Rosemary Au Jus*

### Pan Roasted Free Range Chicken Breast

*Freekeh, Haricot Verts, Eggplant Stew, Green Au Jus*

### Wild North Atlantic Arctic Char

*Basil Risotto, Oven Dried Tomatoes, Truffle Sauce*

## DESSERTS

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### Chocolate Mousse Cake

*Bitter Chocolate Ice Cream, Chocolate/Caramel Sauce,  
Chopped Heath Bar*

### Key Lime Pie

*Crème Chantilly, Raspberry Chambord Coulis*

### Blueberry Crisp

*Vanilla Ice Cream (vegan/gluten free)*

### Capogiro Artisanal Ice Creams & Sorbets