



## Fruit, Yogurt and Cereal

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Fresh Cut Fruit \$4

*Melons, Pineapple and Grapes*

Yogurt \$3

*Plain Lowfat Yogurt, Blueberry Greek Yogurt & Strawberry Greek Yogurt*

Granola \$3

Cereal \$3

*Corn Flakes, Raisin Bran, Gluten-Free Rice Chex*

Fresh Cut Fruit, Yogurt and Granola \$6

## Daily Bread

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Housemade Muffins \$1

*by Pastry Chef Alana Ford*

*Chocolate Chocolate Chip,*

*Zucchini, Carrot & Walnut,*

*Blueberry (gluten free)\**

*Banana, Pecan & Quinoa (gluten free/vegan)\**

Housemade Cranberry Scone \$1

Seven Grain Toast \$2

Bagels \$2

*from H & H Bagels*

*Plain, Whole Wheat,*

*Cinnamon Raisin, Everything*

Gluten Free Toast\* \$3

## Main Courses

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Oatmeal \$7

*Macerated Apricots, Raisins & Cranberries*

Eggs MacDougal \$11

*Two Poached Eggs on an English Muffin*

*with Canadian Bacon OR Spinach & Cured Salmon;*

*Served with Tarragon Aioli & French Fries*

Breakfast Sandwich \$10

*Bacon, Egg & Cheddar on Seven Grain Toast;*

*Served with French Fries*

Two Scrambled Eggs \$10

*Choice of Applewood Smoked Bacon, Chicken &*

*Apple Sausage or Canadian Bacon:*

*Served with French Fries and Seven Grain Toast*

Nuts & Berries \$11

*Toasted Almonds & Pistachios, Yogurt &*

*Elderflower Syrup*

Two Filling Omelet \$12

*Choose Two Fillings: Bacon, Cheddar, Swiss, Goat Cheese, Roasted Peppers,*

*Asparagus, Ham, Mushrooms, Onions, Tomatoes;*

*Served With French Fries and Seven Grain Toast*

House Cured Salmon Plate \$12

*Salmon Cured on Premise with White Wine and*

*Herbs, Toasted Plain H & H Bagel,*

*Organic Mesclun Greens, Tomato, Onions, Capers*

Challah French Toast \$11

*Applewood Smoked Bacon OR Chicken & Apple*

*Sausage*

Pumpkin Pecan Pancakes \$11

*Applewood Smoked Bacon OR Chicken & Apple*

*Sausage*

Blueberry Whole Wheat Pancakes \$11

*Applewood Smoked Bacon OR Chicken & Apple*

*Sausage*

## Sides

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French Fries \$2.50

Chicken Apple Sausage \$3

Mushrooms \$3

Tomato \$3

One Scrambled Egg \$2.50

Applewood Smoked Bacon \$3

Canadian Bacon \$3

Scrambled Egg White \$2.75

## Beverages

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Cappuccino \$4

Espresso \$3

Double Espresso \$5

Café Latte \$4

Cranberry Juice \$3

Fresh Squeezed Grapefruit Juice \$3

Fresh Squeezed Orange Juice \$3

\*Muffins and gluten free toast are prepared in pans and on surfaces that contain egg, dairy and gluten.

Please let us know if you have any allergies or dietary restrictions.

**EXECUTIVE CHEF YOEL CRUZ**

